

DASH 4 DOC 5K



We are very excited to be gearing up for our 7th Annual Dash 4 Doc 5K. It's hard to believe how our little dream came to life and how amazing the support of our community of friends and family has been over the last several years. Our goal was to remember our father on the weekend he would have been running the New York City marathon in 2011, but what we have experienced has far surpassed that. With our six prior races combined and in conjunction with the Marion County Heart Association, **close to \$65,000** has been raised for the **American Heart Association**. That could not have happened without the generous support of our sponsors and participants and for that we are truly grateful.

We are all amazed at how our community, as well as our family, friends and co-workers have rallied around us and supported our efforts. It has been great to see so many people participate and to have many people running or walking at the Dash 4 Doc 5K event. Most importantly, it has been so great to have this way to remember our Doc, Dr. Bryan McCraw.

We are very excited to announce that our **7th Annual Dash 4 Doc 5K** will take place on **November 11, 2017**. Our net proceeds from the race will again benefit the **American Heart Association**, a great organization that helps save lives and promotes heart health.

We are hoping that you will carefully consider sponsoring our event or come and DASH with us and be a part of something that is much more than just a race! To sign up for the race or to become a sponsor – please go to www.dash4doc.com or <https://raceroster.com/events/2017/14222/dash-4-doc-5k>.

With great appreciation,

The McCraw Family

Sybil McCraw, Jay and Emily Rayborn, Grant and Amber Pittman, Rob and Abbey Bourne

Please return the enclosed form no later than Friday, October 27, 2017



DASH 4 DOC 5K



In Memory of
Dr. Bryan F. McCraw

5K RUN/WALK

Kid's Dash Fun Run

DATE: November 11, 2017

TIME: 8:00 A.M.

COURSE: Friendship Park, Columbia, MS

Early Entry Fee: \$20 until 11-3-2017/ **After that date:** \$25

No Guarantee of T-Shirt Day of Race unless registered by November 1, 2017

But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.

Isaiah 40:31

We are again remembering our loved one, Dr. Bryan McCraw, with our 7th Annual Dash 4 Doc 5K. We are looking for sponsors to help us make this day a success. All net proceeds of this race will benefit the **American Heart Association**. Help us remember our loved one on this special day and help us raise money for a very worthy cause! Come join us as we DASH 4 DOC!!!

Sponsor: _____

Donation Amount: _____

(All donations are appreciated. Any sponsorships of \$250 or more will be advertised on race brochure as well as our Finish Line banner. Sponsorships of \$100 or more will be advertised on our race brochure!)

Please mail this form and donations to: Dash 4 Doc, 1401 Church Street, Columbia, MS 39429

Checks made payable to: Dash 4 Doc 5k or

Make payments through our PayPal account: dash4doc5k@yahoo.com

Donations can also be made on our website at www.dash4doc.com

Please return the form no later than October 27, 2017.